



COMMENTARY ARTICLE



## Importance of Health Care System

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### Description

A health system, also known as a health care system or healthcare system, is an association of workers, institutions, and resources that provide health care services to target populations. Here an organization is a type of entity that consists of one or more people and serves a specific purpose, such as a company, institution, or association.

The improvement of health through the prevention, diagnosis, treatment, amelioration, or cure of disease, illness, injury, and other physical and mental impairments in people is referred to as health care. And the health care is provided by health professionals and those working in allied health fields. And here is a health care includes medicine, dentistry, pharmacy, midwifery, nursing, optometry, audiology, psychology, occupational therapy, physical therapy, athletic training, and other health professions. It includes work in primary care, secondary care, tertiary care, and public health.

There are as many health systems as there are nations on the planet, with as many histories and organisational structures. Implicitly, nations must design and develop health systems in accordance with their needs and resources, despite the fact that primary healthcare and public health measures are common elements in nearly all health systems. An organisation structure specifies how activities like task allocation, coordination, and supervision are directed toward achieving organisational goals.

Primary Health Care (PHC) is defined as “essential health care” based on methods and technology that are scientifically sound and socially acceptable. As a result, all individuals and families in a community can access universal health care. And here PHC initiatives allow for full community participation in implementation and decision making. In the spirit of self-reliance and self-determination, ser-

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vices are provided at a cost that the community and the country can afford at each stage of development. In other words, PHC is a health-care approach that goes beyond the traditional health-care system and focuses on health-equity-producing social policy. PHC encompasses all aspects of health, such as access to health care, the environment, and lifestyle. As a result, primary healthcare and public health measures may be regarded as the cornerstones of universal health systems. The Health system planning is distributed among market participants in some countries. And the Governments, trade unions, charities, religious organisations, or other coordinated bodies make a concerted effort to deliver planned health care services to the populations they serve.

Health care planning, on the other hand, has been described as evolutionary rather than revolutionary. Health systems, like other social institutional structures, are likely to reflect the history, culture, and economics of the states in which they evolve. These peculiarities perplex and complicate international comparisons, preventing any universal standard of performance from being established.

Finally, the health system includes all organisations, people, and activities whose primary goal is to promote, restore, or maintain health. This includes both efforts to influence health determinants and more direct health-improving activities. As a result, a health system is more than a pyramid of publicly owned facilities that provide personal health services. A mother caring for a sick child at home, for example; private providers; behaviour change programmes; vector-control campaigns; health insurance organisations; and occupational health and safety legislation are all examples. It includes inter-sectoral action by health professionals, such as encouraging the ministry of education to promote female education, which is a well-known determinant of better health.